Allergies & Food Intolerances Policy

Safeguarding and Welfare Requirements / 3.44, 3.47, 3.48, 3.49, 3.67, 3.68, 3.73

This policy takes into consideration food allergies, intolerances and dietary needs made through choice or religion and relates to all children and adults working at Skylark Day Nursery.

Children with allergies and food intolerances will always be closely supervised.

All staff, especially new staff and cover staff are made aware of any allergies and of appropriate action to take and the routines in place to avoid cross-contamination.

Staff have received training in the use of Epipens.

Food allergies and intolerances are updated monthly and signed by the manager and the cook. It is the manager's duty to ensure that all educators in the room are aware of any changes to children's requirements.

Meetings will be held with parents/carers prior to the child starting at Skylark Day Nursery to obtain detailed information of individual dietary needs, daily routines, signs and symptoms and any required medical treatment. Unless this information is obtained the child's attendance at the setting will be delayed.

We have a written risk assessment in place for any child with severe symptoms and this is reviewed and updated regularly. There is a list of children and adults and their allergies/intolerances displayed in each room and a comprehensive list on display in the kitchen for the cook. In cases where a reaction may be very severe, there is a designated, qualified educator who can attend to that child's dietary needs.

Separate utensils and cooking equipment will be used when preparing food for children with allergies and intolerances to avoid cross-contamination.

A green bowl will be used to serve food for a child with an allergy or intolerance to enable staff to identify and monitor more easily with young children.

Bowls of food will be placed on a separate mat or tray on the breakfast bar where necessary to avoid cross-contamination. All educators must be made aware of this as well as the reasons why.

If required a list of foods eaten will be kept and in all cases information regarding what food has been eaten will be given to the parents/carers at home-time.

All cases should be discussed with the child's parents/carers to ensure that everybody is working together in a way that benefits the child. Regular updates from

the parent/carer to ascertain that everybody is continuing to follow correct procedures. All educators must be made aware of the emergency procedure for each child as well as symptoms and administration of any medication.

THIS POLICY WILL BE REVIEWED ANNUALLY February 2022